

How to Make a Nisse:

1. Fill your white sock with the poly beads then polyfil. Make your gnome between 4-7 inches tall, remembering to keep it narrow enough for your hat to fit over the top.
2. Place your white sock inside your novelty sock, with the heal at the back.
3. Tie the top with your piece of twine.
4. Where the novelty sock dips down, gently pinch a small amount of polyfil and white sock between your fingers, creating a .5" to 1" round nose and place your small rubber band around the ball of white sock and fluff to create your nose.
5. If you want to add hair, fold the length of yarn over onto itself until it is 2 feet in length and tie it around the twined top of your gnome so that it hangs down each side. You can then leave it as is, cut it into strands, or braid it.
6. To add the beard, take your piece of beard and line it up just under your nose. Hot glue the beard onto your novelty sock so it is just beneath the nisse's nose.
7. Grab your hat and gently pull it on, so that it covers your novelty sock and stops right at the middle of your gnome's nose. If you need to remove some polyfil for it to fit better, gently untie the twine and remove a bit of polyfil, then re-tie your twine.
8. Now that your gnome is put together, you can add decorations to it, whether it is beads, buttons, ribbons, jewels, or coin. You can also dust a bit of foundation or blush on the nose to make it the color of skin you desire.

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